



September 22 — Stay Inside the Cab

Employee carrying trash and cardboard with skid steer was trying to grab and toss the cardboard by leaning out of the cab with the bucket elevated. This put the employee well bent over and awkwardly leaning forward. Higher fall potential face first into steel or the ground.	Went over and suggested lowering the bucket and getting out, to sort the cardboard from the trash in the bucket.
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Don't Put Yourself in the Line of Fire

An employee was using a skid steer to carry trash and cardboard. While the bucket was elevated, the employee attempted to reach out of the cab to grab and toss cardboard from the bucket.

This placed the employee in an awkward position, leaning well outside the cab with the bucket elevated. A fall from the cab could have resulted in the employee falling face-first onto the steel or to the ground.

The employee was advised to lower the bucket and exit the skid steer before sorting the cardboard from the trash.

Sometimes the safest solution is simply to stop, lower the equipment, and get into a position where the task can be completed safely. Taking a few extra seconds is better than trying to reach from an unsafe position.

Hazards

- Falling from the skid steer
- Elevated bucket
- Awkward body positioning
- Struck by hazards
- Potential fall onto steel or the ground
- Loss of balance while reaching

Words of Wisdom

A few extra seconds spent repositioning equipment is always better than putting your body in an unsafe position just to get the job done faster.

Pause and Think

- Is the bucket lowered before you leave or work around the equipment?
- Are you reaching outside the cab to complete a task?
- Could your position cause you to lose your balance?
- Is there a safer way to complete the task?
- Are you taking the extra time to put yourself in a safe working position?

Closing Thought

Don't let convenience put you in an awkward position. Lower the equipment, get into a safe position, and then finish the job.