

MONTHLY REFRESHER TRAINING **FIRE SAFETY - FIRE EXTINGUISHERS**

October Week 4

Have you trained to step into the ring?

When the alarm sounds and smoke rises, there's no more prep time — the fight has begun. This week's goal is simple: make the right decision in seconds. The villains — Spark Slinger (feeds on panic and wasted cans) and Ember Wraith (waits for smolders to reignite) — are always in the ring. Training, practice, and readiness prepare you to protect the crew.

Sizing Up the Fire — **Fight or Flee**

Before you fight, you size up — it's the **5-second** scan that can save vour life:

- 1. Size: Compare to a trash can. If it's bigger, it's too late.
- 2. Fuel: Identify paper/rags (A), liquids (B), wires (C), metals (D). Wrong extinguisher = bigger disaster.
- 3. Heat & Smoke: Can you get within 6–8 ft without danger? If not, back out. Smoke kills faster than flames.
- 4. Exit: Always fight with your back to the exit.

Rule: Small + right fuel + manageable heat + clear exit = a trained fighter may enter. Anything else = evacuate.

The trained instinct: If you're trained, fight small fires with the right can. If you're not trained — alarm, evacuate, and guide others out. Walking away safe with your crew is real heroism.

Extinguisher Basics — The Fighter's Arsenal

PASS — The Four-Hit Combo (clear instruction)

- 2. **Aim** low at the **base** of the fire — not at the flames. Think: hit the fuel, not the smoke.
- 3. **Squeeze** steadily — maintain a controlled stream, don't blast and waste it.
- 4. **Sweep** side-to-side **across the base area** — keep the nozzle aimed at the base while sweeping to cover the whole burning surface.
- - 1. **Pull** the pin — unlocks the can so it will discharge.

○ Wrong-Instinct Check

Split-second mistakes often come from instinct — and instinct is what Spark Slinger counts on:

- "Grab the nearest extinguisher any will do." → Wrong. Water on fuel or electrical fires spreads flames or electrocutes.
- "Fight until it's gone, no matter what." → Extinguishers last 8–10 seconds. When it's empty, you need to be gone too.
- "No PPE, it's just a little flame." → Hot smoke blinds and burns in seconds. Gloves, glasses, and sleeves protect you as much as the can does.
- "Anybody can pull a pin." → True but only trained workers know when to fight, when to stop, and when to walk away.

- Class A "Ashes & Trash" "Paper, wood, and cloth that burn, Class A's the can for your return."
- Class B "Boil & Bubble" "Liquids flare and fuels ignite, Class B cans will win that fight."
- Class C "Current & Cord" "If it sparks from cord or plug, Class C's the can to pull the rug."
- Class D "Dangerous Dust" "Shavings, metals, burning bright, Only Class D can end that fight."
- Class K "Kitchen Grease" (cafeterias only) "Grease and oils, spitting flame, Class K will end the game."

Say the rhyme, match the flame wrong can, bigger game.

Start about **6–8** ft away and move in as the fire gets smaller. One full discharge (8–10 s) is one round — make it count, then watch for flareups before you back away.

"Aim at the base, squeeze steady, sweep the base — don't paint the flames."

To operate an extinguisher:





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Keeping the Weapon Ready

A fire extinguisher is like a tool on your belt — if it fails when you need it. Inspections aren't paperwork; they're how we make sure our shield is ready every day.

Monthly Crew Check (Step-by-Step):

- 1. **Location** Is it where it should be? Mounted, visible, and not blocked by leads, scrap, or toolboxes. If you can't grab it in three seconds, Spark Slinger already has the edge.
- 2. **Condition** Look for dents, rust, or missing labels. A can that looks beat up might not hold pressure.
- Gauge Is the needle in the green? Low pressure = no fight left.
- 4. **Pin & Seal** Still in place? A missing pin means it could've been tampered with or discharged.
- 5. **Hose & Nozzle** Free of cracks, dry rot, or debris? A clogged hose turns your 8–10 seconds into zero.
- 6. **Tag** Signed and current? If it hasn't been checked on schedule, assume it's not ready.
- 7. Weight Pick it up. If it feels light, it's leaking or discharged
 swap it out immediately.

SDS Pictogram Spotlight — $\mathbf{0}\mathbf{x}\mathbf{i}\mathbf{d}\mathbf{i}\mathbf{z}\mathbf{e}\mathbf{r}$

What it means:

This symbol signals chemicals that don't burn on their own — but they supercharge combustion by feeding fire with oxygen. Think: nitrates, peroxides, chlorates.

Real-world picture:

- A small spill of oxidizer powder falls near oily rags → the rags ignite twice as fast.
- A drum of oxidizer gets hit by sparks → even if you knock the flames down, the oxidizer keeps releasing oxygen and the fire flares back up.
- In storage areas, mixing oxidizers with fuels (like solvents, paper, or wood) creates a powder keg waiting for Spark Slinger.

Why it matters on our site:

- Oxidizers turn a controllable fire into an unstoppable one.
- Water or dry chem alone may not work the oxidizer keeps feeding oxygen.
- What looks like a small flame may come roaring back the second you turn your back.

Villains: Spark Slinger throws a spark. Ember Wraith smolders in the shadows. Add an oxidizer? You've armed them with a booster pack. The fight becomes unfair fast.



OSHA Incident (2014)

An employee leaned in to check a portable extinguisher. Without warning, it discharged. The sudden pressure turned the extinguisher into a metal projectile that struck him in the head. What should have been a routine inspection turned into a fatal incident in seconds.

Why it mattered:

- The extinguisher hadn't been serviced properly. A hidden defect turned it from a lifesaving tool into a hazard.
- The employee wasn't trained in safe inspection methods and treated it like just another shop item.
- No one expected risk from something designed for safety and that false sense of security proved deadly.

Fire extinguishers are pressurized systems. They demand the same respect as a compressed cylinder. Even "simple checks" can be dangerous without training. Only qualified personnel should service or inspect them. For everyone else, the rule is simple: look, report, and leave it to the trained.